



Sensuous Black Rose Milk Bath Tea



INFORMATION

- Difficulty: Beginner
- Yield: 20 x 3"x5" Muslin Bags or 10 x 4"x6" Muslin Bags

TIMING

- Prep Time / Clean Up: 15 Minutes
- Perform Time: 1 Hour 15 Minutes
- Total Time: 1 Hour 30 Minutes

SUPPLIES

- Large Stainless Steel or Glass Mixing Bowl (big enough to fit 20 quarts) (not pictured in ingredients photo below)
- Smaller Mixing Bowl for Dendritic Salt and Essential Oil (not plastic)
- 20 x [3x5 inch Muslin Drawstring Bags](#) or 10 x [4x6 inch Muslin Drawstring Bags](#)
- [Pipette](#) (for fragrance)
- Wire Whisk
- Mixing Spoon
- [Natural Plastic Scoop](#) (optional)
- [Scale](#)

INGREDIENTS

- 4.35 oz / 123 g [Dendritic Salt](#) (pictured in Step One)
- 0.45 oz / 12 g [Sensuous Black Rose Fragrance](#) or [Patchouli Raspberry Fragrance](#) or any body safe [Fragrance Oil](#) of your choice (pictured in Step One)
- 2.7 oz / 76 g Powdered Milk
- 3.2 oz / 91 g Whole Oats
- 5.7 oz / 49 g Epsom Salt
- 3.5 oz / 99 g Baking Soda
- 42.7 oz / 1211 g [Solar Bath Sea Salts](#) or Sea Salt
- 5.3 oz / 150 g [Rose Buds and Petals](#)

DIRECTIONS

Step 1

Mix Dendritic Salt and Fragrance Oil in a bowl and set aside.

Step 2

Mix remaining ingredients in a large bowl.

Step 3

Combine all ingredients together and mix well.

Step 4

Place approximately 1/2 cup in each 3 x 5 inch Muslin Drawstring Bag or 1 cup in each 4 x 6 inch Muslin Drawstring Bag.

Approximately 1 cup (6.8 oz / 194 g) fits in each 4x6 inch bag and 1/2 cup (3.4 oz / 97 g) fits in each 3x5 inch bag.

TO USE

Let water flow on bath tea bag while filling the tub. Enjoy a long soak in tub while salts and milk powder dissolve and release the lovely scent. Dispose of bag after one use.

HELPFUL TIPS

You can make more or less of this recipe as long as proportions remain the same.

Approximately 1 cup (6.8 oz / 194 g) fits in each 4x6 inch bag and 1/2 cup (3.4 oz / 97 g) fits in each 3x5 inch bag.

When used, the tea creates a purplish tint to the water. For this reason it is always best to start with a clean tub (otherwise the color may tint any soap scum already present).