



Lip Balm Recipe



Dry, chapped lips need a little extra love. Why not make up a bath of homemade lip balm to soothe and care for your lips. It's so easy to make lip balm that you and your friends will love! You'll want to stash one in every pocket and purse!

This recipe uses a combination of cocoa butter and avocado oil that feels rich and emollient on the lips. Cocoa butter is an excellent occlusive that prevents dehydration of the skin. Feel free to substitute any liquid oil of your choice in this recipe. You can also substitute shea butter or mango butter for the cocoa butter in this recipe, though the consistency will be a little softer.

You can flavor your lip balm with a flavor oil of your choice or peppermint oil as shown in the tutorial. [Spearmint Essential Oil](#) is also a great option. You can use our [Lip Smacking Sweetener Oil](#) or our [Lip Sweetener Oil with Stevia](#) in addition to either flavor oils or essential oils in this lip balm, depending on your tastes.

INFORMATION

- Difficulty: Beginner
- Yield: 15 Lip Balm Tubes

TIMING

- Prep Time / Clean Up: 5 Minutes
- Perform Time: 5 Minutes
- Setting Time: 10 Minutes
- Total Time: 20 Minutes, 10 Minutes Active Time

SUPPLIES

- [Digital Scale](#)
- Spray Bottle with 70% Isopropyl Alcohol
- [Pipettes](#)
- 15 x [0.15 oz Natural Lip Tubes](#)
- 15 x [Lip Tube Caps in Color of Choice](#)
- Teaspoons (optional)
- [Lip Balm Tray for 0.15 oz Tubes](#) (optional)
- Microwave or double boiler and stove top
- Freezer

INGREDIENTS

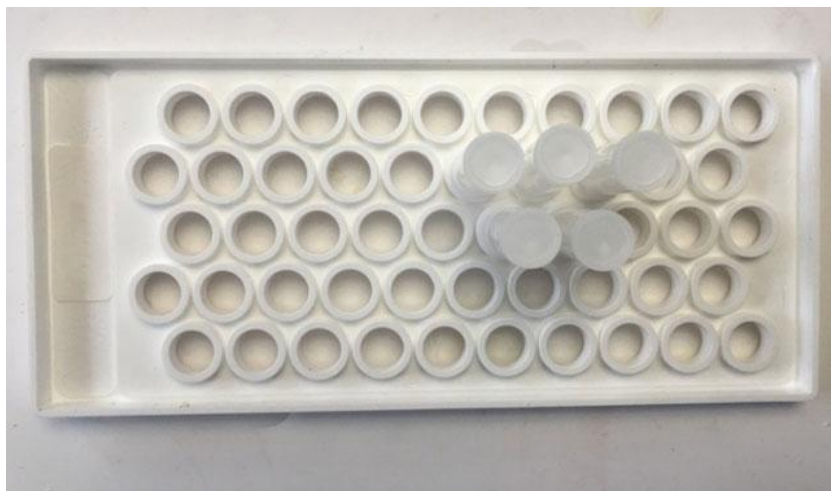
- 2.1 oz / 59g [Avocado Oil](#) (59%)
- 0.71 oz / 20g [Beeswax \(Natural\)](#) or [Beeswax \(White\)](#) (20%)
- 0.71 oz / 20g [Cocoa Butter](#) (20%)
- 0.5 - 1.5 g (about 0.5 - 1.5 ml) [Peppermint Essential Oil, 2x Distilled](#) or [Lip Flavor Oil of Your Choice](#) (optional)
- 0.5 - 1.5 g (about 0.5 - 1.5 ml) [Lip Sweetener Oil of Your Choice](#) (optional)



DIRECTIONS

Before starting this tutorial please make sure to read all instructions. Use caution when handling melted oils. Spray work surface, utensils and ramekin with 70% isopropanol and wipe with paper towels. Place teaspoons in the freezer 20 minutes before starting (optional).

If you are using the lip balm pouring tray, snap the empty tubes in the tray.

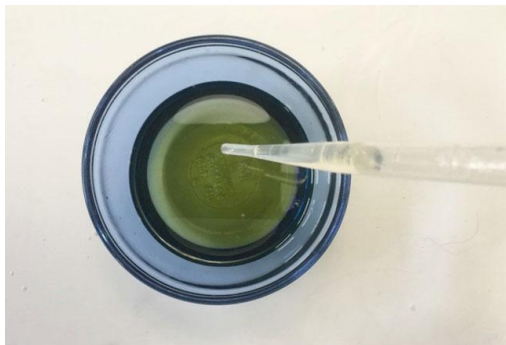


Step 1 - Make the lip balm

Place the beeswax, cocoa butter and avocado oil in a small microwaveable bowl. Microwave for 60 seconds, stirring every 20 seconds, or until fully melted.



Add 0.5 g peppermint essential oil (or lip flavor oil, if you prefer) and 0.5 g lip sweetener oil, if using to lip balm. Swirl to mix.



To test the flavor of the lip balm, dip a frozen teaspoon in the melted base and swipe it across your lips. If desired, add up to 1g of peppermint essential oil or lip flavor oil. You may also choose to add an additional gram of lip flavor oil and/or lip sweetener oil, depending on your tastes.



Step 2 - Pour the lip balms

Carefully transfer the melted base to the lip balm tubes using a disposable pipette. Fill to the top of each tube. Tip: If the lip balm base has hardened in the pipette, you can microwave the pipette for a few seconds to get it flowing again. You may also need to remelt your bowl of lip balm base.

If you are pouring an entire tray of lip balms, it is easier to forego the pipette and just pour them directly from a [Funnel Pitcher](#). [Click Here](#) to check out our tutorial on pouring lip balms en masse.



Place the tubes in the freezer to harden for 10 minutes, or until fully set. To make the tops smoother, use a heat gun or hair dryer set on low to remelt the tops of the lip balms (optional). Remove the tubes from the pouring tray, cap tubes and enjoy!