



ElementsBathandBody.com

Easy Lip Balm & Gloss Recipe



Our Natural Lip Balm and Body Butter Base makes an excellent shortcut for quick and easy lip products. In a lip balm, this base makes a creamy, matte balm. When you add castor oil, you get a shiny, emolliating gloss.

Note: It is important to use castor oil, and not substitute another oil because castor oil partially dissolves the beeswax in the base, giving a wet, shiny look.

In this two-for-one tutorial, you'll learn helpful tips for flavoring and pouring lip balms and how to make a shiny lip gloss colored with mica. You can use any lip-safe mica in this recipe so get creative and have fun! The mica provides just a hint of color and a lot of sparkle, perfect for those special outings, so feel free to experiment with darker or more exotic colors you might normally wear. You can wear this gloss alone or over your favorite lipstick. You'll want to stash a lip balm and a lip gloss in every purse and pocket!

Making Lip Balm

INFORMATION

- Difficulty: Beginner
- Yield: 7 Tubes of Lip Balm

TIMING

- Prep Time: 5 Minutes
- Perform Time: 5 Minutes
- Setting Time: 10 Minutes
- Total Time: 20 Minutes, 10 Minutes active time

SUPPLIES

- [Digital Scale](#)
- Spray Bottle w/ 70% Isopropyl Alcohol
- [Pipettes](#)
- 7 x 0.15 oz [Natural Lip Tubes](#)
- 7 x [Lip Tube Caps](#) in Color of Choice
- Small Microwavable Ramekin or Bowl
- Teaspoons (optional)
- Hair Tie or Rubber Band (optional)
- Paper Towels
- Microwave
- Freezer

INGREDIENTS

- 1.2 oz / 35 g [Natural Lip Balm and Body Butter Base](#)
- [Peppermint Essential Oil, 2x Distilled](#) or
[Flavor Oil of Your Choice](#) and [Lip Smacking Sweetener Oil](#)



DIRECTIONS

Before starting this tutorial please make sure to read all instructions. Use caution when handling melted oils. Spray work surface, utensils and ramekin with 70% isopropanol and wipe with paper towels. Place teaspoons in the freezer 20 minutes before starting (optional).

This recipe makes 7 tubes of lip balm. If you would like to pour a greater number of lip balms, consider using a [Lip Balm Tray](#).

Step 1 - Make the lip balm

Place the Natural Lip Balm Base in a small heat proof ramekin. Microwave on high for 1 minute, swirling after 30 seconds, or until fully melted.



Add 14 drops of Peppermint Essential Oil (or 7 drops Lip Flavor Oil of Your Choice and 7 drops Sweetener Oil) to lip balm. Swirl to mix.



To test the flavor of the lip balm, dip a frozen teaspoon in the melted base and swipe it across your lips. If desired, add up to 7 more drops of Peppermint Essential Oil or mix of Lip Flavor Oil / Lips-Smacking Sweetener Oil. (You may also choose to use an equal number of drops of a Lip Flavor Oil of your choice and Lip-Smacking Sweetener Oil.)



Step 2 - Pour the lip balms

Carefully transfer the melted base to the lip balm tubes using a disposable pipette. Fill to the top of each tube. To make your tubes steadier, use a rubber band or hair tie to bind them together. Tip: If the lip balm base has hardened in the pipette, you can microwave the pipette for a few second to get it flowing again.



Place the tubes in the freezer to harden for 10 minutes, or until fully set. To make the tops smoother, use a heat gun or hair dryer set on low to re-melt the tops of the lip balms (optional). Cap tubes and enjoy!

Making Lip Gloss

INFORMATION

- Difficulty: Beginner
- Yield: 3 Tubes of Lip Gloss

TIMING

- Prep Time: 5 Minutes
- Perform Time: 5 Minutes
- Setting Time: 10 Minutes
- Total Time: 20 Minutes, 10 Minutes active time

SUPPLIES

- [Digital Scale](#)
- Spray Bottle w/ 70% Isopropyl Alcohol
- [Pipettes](#)
- 3 x 1/3 oz Roll-On Bottle w/ [Gold Cap](#) or [Silver Cap](#) or Wand Bottle w/ [Rose Gold Cap](#)
- [0.15 cc Measuring Scoops](#) (for mica)
- Small Microwavable Ramekin or Bowl
- Thin Wooden Skewers or Coffee Stir Sticks
- Paper Towels
- Microwave

INGREDIENTS

- 0.18 oz / 5 g [Natural Lip Balm and Body Butter Base](#)
- 0.88 oz / 25 g [Castor Oil](#)
- [Lip Flavor Oil of Your Choice](#)
- [Lip Smacking Sweetener Oil](#)
- Lip Safe Micas, any [Color of Your Choice](#) (Micas Used in This Tutorial are [Black Cherry Shimmer](#), [Pink Champagne Sparkles](#), and [Sun Kissed Bronze Shimmer](#))



DIRECTIONS

Step 1 - Make the lip gloss base

Combine the castor oil and Natural Lip Balm Base in ramekin. Microwave on high for 1 minute, swirling after 30 seconds, or until fully melted.

Add 12 drops each of Lip Flavor Oil of Your Choice and Lip-Smacking Sweetener Oil. Swirl to combine. To test the flavor, dip a frozen teaspoon in the gloss and swipe it across your lips (see above). If desired, add up to 6 more drops each of the Flavor Oil and Sweetener Oil.



Carefully transfer the lip gloss base to the bottles.

Step 2 - Add the color

Add 4 scoops of mica to each tube.



Stir with wooden skewer or coffee stir stick until fully combined.



If using roller bottle: snap the roller ball on top of each glass bottle. Cap and Enjoy!